

# STRENGTHENING CHILDREN

AND EMPOWERING FAMILIES

## OUR MISSION

Promoting emotional and social well-being for Orange County's children, youth, and families.

Funded by the County of Orange Health Care Agency, Behavioral Health Services, Prevention and Intervention Division, Mental Health Services Act/ Prop. 63



1-888-955-6570

[www.Well.BrightFutures4Kids.org](http://www.Well.BrightFutures4Kids.org)

Email: [Well@BrightFutures4Kids.org](mailto:Well@BrightFutures4Kids.org)



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## Protect the people you value most: Your Children

### Did you know?

According to the U.S. Department of Health, 1 in 5 children and adolescents experience symptoms of mental health problems that cause some level of impairment in a given year, yet 80% do not receive mental health services.

- Where can you go for support for your family?
- Are you concerned about your child's emotional health or behavior?
- Are you interested in learning about ways to strengthen your child's growth and development?

We are here to help you get connected...

Services offered to ALL Orange County families with children 0-18 years old.

The "Well" Program reaches out to the community to raise awareness of topics such as growth and development, emotional and social well-being, and how families can strengthen their children.

### Toll Free Info Line

Access information and services Monday through Friday, 8-4pm. Messages will be returned the following business day.

### Educational Materials and Presentations

Ways to encourage your child's healthy development and well-being.

### Referrals, Linkages, and Brief Case Management

To identify needs and connect your family to community resources.

### Peer Support Groups

Support and encourage others you can relate with to overcome mutual challenges.

### Website

Helpful information, links to additional community resources, and how to get involved or volunteer.

### All services are FREE

Offered in English, Spanish, and Vietnamese.